

THREADING

Threading is the ancient art of removing hair from the roots using cotton thread; re-growth is slower and finer, leaving the skin clean and smooth, with lasting results. Vaishaly has designed her own technique over 20 years and is recognised as the original queen of eyebrows and the founder of the art of threading in this country.

The results bear the sharp, naturally polished look that is Vaishaly's hallmark. Vaishaly has personally handpicked only the best aestheticians that she has personally trained at the Vaishaly Clinic to carry out her Signature treatments.

Vaishaly Brow Bar with Aestheticians (Walk in Service Available)

Eyebrow Shaping (complimentary tint included)	15mins	£25
Middle of Brows	5mins	£15
Upper Lip	15mins	£15
Chin	15mins	£15
Sides	15mins	£20
Forehead	15mins	£15
Neck	15mins	£15
Full Face Thread (inc eyebrows)	30/45mins	£60

With Vaishaly

Consultation and Eyebrow Shaping (complimentary tint included)		
15mins		£50

FACIALS

Vaishaly Signature Facial

The Vaishaly Signature Facial is as individual as each client and their specific skincare needs. Recognising that these are always changing, reflecting seasonal and hormonal factors and our general state of wellbeing, every step of this expertly prescriptive facial - incorporating deep-cleansing, skilful and effective extraction, gentle micro-dermabrasion to lift off dead skin cells, followed by high frequency, a fantastic multi-functional tool that effectively dries and closes pores after extraction that also has a germicidal effect killing any bacteria in the skin (particularly beneficial for oily or acne skins) - that delivers a clearer, smoother, softer and naturally radiant complexion.

Vaishaly's facial massage technique - known to beauty insiders as 'her anti-ageing beauty secret' - is what makes her Signature Facial so sought after.

Vaishaly believes that it is the state of one's mind that ages us. All emotional and mental stress is held in our body and this in return is expressed outwardly in our skin. This is why Vaishaly believes it is fundamental to 'switch client's mind's off' during the facial, transporting them to a place of complete and deep relaxation. This technique immediately rebalances and harmonises the whole body and skin enabling it to appear more youthful and stress free with an internal glow.

After just one treatment the combination of healing properties of organic essential oils and ingredients in Vaishaly's signature skincare range and her unique massage techniques will improve elasticity and tone, boost circulation, and eliminate puffiness. Defining facial contours and features as well as plumping the skin, diminishing fine lines and wrinkles to reveal an even, radiant and polished youthful complexion.

Signature Facial with Aestheticians

25mins	£70
55mins	£130
85mins	£180

Signature Facial with Vaishaly

55mins	£220
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Lifting Facial

A thorough and results-driven facial utilising ‘galvanic and micro-current’ to increase the power of the active products and stimulate the skin at the deepest level. Facial muscles are lifted and toned and skin is boosted and hydrated, smoothing fine lines and wrinkles.

55mins £135
80mins £185

PH Balance Facial

The PH Balance treatment is combined with thorough extraction to remove blocked pores, spots and blackheads with High Frequency (a fantastic multi-functional tool that effectively dries and closes pores after extraction with a germicidal effect killing any bacteria in the skin), Galvanic micro-current using electrodes to powerfully transport key ingredients into the deeper layers of your skin to improve hydration, circulation and radiance, incorporating it with Vaishaly’s famous facial massage known to beauty insiders as her anti-ageing beauty secret to immediately rebalance and harmonise the whole body, mind and skin enabling it to appear more youthful and stress free.

55mins £115

PH Balance Treatment

Transform your skin with Vaishaly’s PH Balancing Facial to repair and even out skin issues. Using galvanic and active ingredients will deeply cleanse and restore your skin to its natural PH levels. Galvanic micro-current electrodes powerfully transport key ingredients into the deeper layers of your skin to improve hydration, circulation and radiance.

Treating acne, oily, dry, dehydrated and sensitive skins.

25mins £70

Express Facial - Oily/Problem Skin

Spots and blackheads are removed followed by high frequency, an ultraviolet instrument that sterilises and increases blood flow and circulation in the skin, stimulating the skin, whilst killing bacteria. A perfect treatment for oily/acne skin.

25mins £70

Microdermabrasion

A gentle exfoliation process which gently sloughs off dead skin from the surface. This gentle polishing treatment clears away dull, congested and lifeless skin, to reveal more youthful, polished and radiant skin.

Face/Neck/Chest	25mins	£65
Back	25mins	£70

Extraction

Spots and blackheads are carefully removed using a comedone extractor, leaving pores clear of any blemishes, resulting in clear healthy looking skin.

15mins	£35
25mins	£55

Milia Removal

Milia are very small cysts under the skin consisting of sebaceous debris with no open pore; these are safely removed using a fine needle resulting in smooth clear skin.

15mins	£35
25mins	£55

Lymphatic Drainage Face Massage

This powerful rejuvenating facial massage helps to eliminate excess fluids and toxins that build up in the facial tissues. Reducing full face, under eye puffiness and dark circles this treatment is detoxifying and helps to eliminate signs of fatigue, improves circulation of blood and nutrients, repairs cells and improves skin appearance. Lymphatic massage increases oxygen supply, reduces acne scars and new outbreaks. It is calming and relaxing – perfect for those suffering from stress, insomnia or anxiety effects.

25mins	£60
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Skin consultation (Redeemable against treatment)

Our team of experienced Aestheticians will analyse your skin and give appropriate advice in selecting the correct course of treatments for you to achieve the best results for your skin.

30mins	£50
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ANTI-AGEING FACE TREATMENTS

Vaishaly Anti-ageing skin perfecting treatments By Alma Lasers (FDA approved)

Broken Capillaries, Rosacea, Age Spots

This treatment is a non-surgical, quick and an effective way of treating vascular irregularities to improve clients skin colour with Advance Fluorescence Technology (AFT), which is the next generation of Intense Pulse Light (IPL), with less discomfort and minimal skin damage.

	Vaishaly Aesthetician	
Consultation (redeemable against treatment)	£100	£50
Nose/cheeks	£130	£110
Full Face	£230	£210
Small Area	£130	£110

Pigmentation And Skin Rejuvenation

Removing age spots, brown pigmentation and red capillaries with pulse light technology rejuvenation, will brighten dull complexions for a smooth, and more youthful glow.

	Vaishaly Aesthetician	
Consultation (redeemable against treatment)	£100	£50
Full Face	£230	£220
Hands	£230	£220
Décoletté	£230	£220
Half Arm	£230	£220
Full Arm	£350	£320
Small Area	£130	£110

Acne

Acne is a common condition characterised by obstructed sebaceous glands, pimples and sometimes deeper cysts or nodules that occur on the face, neck, chest, back, shoulders and upper arms. The Harmony AFT can provide significant improvement. This is 3 times faster than common antibiotics and topical creams, without undesirable side effects. Patients will achieve at least 80% clearance.

Consultation (redeemable against treatment)	£100	£50
Full Face	£220	£210
Chest	£230	£210
Back	£230	£210
Shoulders	£230	£210
Upper Arms	£230	£210

Collagen Treatment – Wrinkles, Lines, Skin Texture, Tone, Dark Circles

The Pixel Q Switch laser works by treating the epidermis and upper dermis stimulating collagen, to improve skin texture and tone, smoothing wrinkles and lines, brightening under eye dark circles and brown age spots, to achieve beautiful flawless youthful and renewed skin, without any pain or redness.

	Vaishaly Aesthetician	
Consultation (redeemable against treatment)	£100	£50
Full Face	£230	£210
Eyes	£130	£110
Around the Mouth	£130	£110

Skin Tightening

The Soprano NIR penetrates and heals your skin's inner layer without harming its surface. The light tightens, as well as tones and textures your skin. The results: improved overall skin appearance without injury.

Consultation (redeemable against treatment)	£100	£50
Full Face	£230	£210
Stomach		£220
Thighs		£220
Bottom		£220
Thigh/Bottom		£310
Stomach/Thigh/Bottom		£450

Pay for 5 treatments and get the 6th treatment FREE

MASSAGE & BODY

Massage is one of the most healing treatments that can re-harmonise and re-balance your mind and body, especially in today's lifestyles that we lead. Choose from one of our massages we have to offer or customise your own after discussing your personal needs with our experts.

The Vaishaly Experience

The Vaishaly Experience harmonises the body and mind, and brings about a deeper meditative level of relaxation, enduring radiance, and a blissful sense of peace. Incorporating massage and cranial sacral work, releasing tension and stress from head to toe. A truly memorable and transformative body experience.

50mins	£120
80mins	£180

Personalised Full Body Massage

Your massage will be designed according to your individual needs, addressing any areas of tightness, stress or muscle tensions. The massage may include a combination of Swedish, aromatherapy, deep muscle massage, lymphatic drainage, stretching techniques and cranial sacral work. You can choose your desired pressure, to make it the perfect massage.

25mins	£60
50mins	£90
80mins	£120

Back, Head, Neck, Shoulders/Scalp

Our experts will loosen the muscles in these areas where tension is commonly built up, allowing your body to unwind and get rid of any stiffness and promote deep relaxation during and after the treatment.

50mins	£80
80mins	£120

Pregnancy Massage

Nurture yourself at this special time in your life, with wonderful changes happening in your body. Pregnancy massage can comfortably and effectively relieve postural discomfort, back pain and stimulating circulation, or simply bring a moment of relaxation and stillness.

50mins	£80
80mins	£115

Deep Tissue Massage

A rejuvenating massage designed to release tensions and knots in both the superficial and deep layers of soft tissue. As a result of this skilful touch and focused work, the deep layers of tissue relax, unwind lengthen and release holding patterns. The alleviation and tension brings about more flexibility and fluidity of movement and has an uplifting effect on both body and mind. An excellent choice if you need to deeply unwind.

25mins	£60
50mins	£100
80mins	£150

Back Cleanse

A full back cleanse, using hot towels, thorough exfoliation, extraction and high frequency. A relaxing massage to aid circulation and soothe away any aches and pains, and a mask to complete this perfect back treatment.

40mins	£75
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Reflexology

Reflexology is a mixture of healing art and science dating back over 5,000 years to ancient Egypt and China. It is based on the premise that an energy channel encompassing 12 vital organ exists from our feet to the tops of our heads. By applying pressure with hands, our reflexologist can unblock that channel to restore health, organ function and wellbeing.

55mins	£75
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EYES

Eyebrow/Eyelash Tint

Ideal for anyone who has fair eyebrows and/or eyelashes. Tinting is an effective way to enhance and define the eyes.

(Patch test required 24 hours prior).

Eyebrow Tint15mins	£20
Eyelash Tint25mins	£30
Eyebrow and Eyelash Tint25mins	£45

Eyelash Extensions

Vaishaly Eyelashes provide the ultimate make-over for fuller, longer and natural looking eyelashes. They come in various lengths and thicknesses and are applied directly to the individual eyelashes. They can last up to 4 weeks without the need for mascara. (Eye make-up and contact lenses should be removed prior to treatment).

Russian Lashes2hrs	£200
Classic Full Set 12hrs	£200
Classic Full Set 21.5hrs	£150
Classic ½ Set1hr	£80
Bottom Lashes25mins	£40
Express Lashes25mins	£40
Maintenance 125mins	£45
Maintenance 21hr	£80
Removal of Lashes25mins	£20

LVL Lashes

LVL Enhance is a revolutionary natural lash treatment. LVL straightens your natural eyelashes at the root, so unlike a traditional perm it creates the effect of longer lifted lashes

LVL45mins	£80
LVL & Eyelash Tint1hr	£100

Eye Lifting Treatment

The non-surgical eye lifting treatment is perfect for those who have heavy eye lids, fine lines, wrinkles and puffiness under the eyes. This treatment will help to tone and lift muscles stimulating efficient cell renewal, blood circulation and lymphatic system. It is an exercise to encourage the eye muscles revert back into shape producing amazing visual results. Eyes appear more open, eyebrows are lifted and fine lines/ wrinkles reduced. The cosmetic procedure is safe, painless, non-surgical and non-invasive.

25mins£65

Eye make-up and contact lenses should be removed prior to treatment.

HAIR REMOVAL

Waxing

We offer both cream strip wax and Perron Rigot Rose Hot Wax which is specially imported from France. This non-strip wax is great for removing the most stubborn hairs and excellent for sensitive skin, leaving the skin feeling calm and soothed straight after the treatment. Our luxurious cream strip wax is applied with a spatula and removed immediately using a paper strip.

	Strip Wax	Hot Wax
½ Leg	£40	£45
¾ Leg	£45	£50
Full Leg	£55	£60
Inner Thigh	£25	£30
Thigh	£45	£50
Bikini	£35	£40
High Bikini	£45	£50
Brazilian	£55	£60
Hollywood	£60	£65
Underarm	£30	£35
Forearm	£35	£40
Full Arm	£40	£45
Back	£45	£50
Lower Back	£30	£35
Stomach	£35	£40

For the best results hair should be at least 2mm to ensure removal. No body creams should be applied prior to waxing and there should be no exposure to sunbeds, hot showers, baths or swimming pools 24 hours prior or post waxing.

Electrolysis

Electrolysis, over many years, has proven time and time again to be a very reliable and only way to remove ALL types of hair permanently. Particularly great for strong deep rooted, white and fair hairs and skin types that are not suitable to have laser hair removal. Electrolysis targets each hair follicle with a clean sterilised needle, Then a small amount of diathermy, which feels like a small burst of heat is released into the follicle releasing the hair.

15mins.....	£25
30min.....	£45

LASER HAIR REMOVAL

The ‘Soprano’ laser hair reduction at the Vaishaly Clinic is FDA approved, and is proven to treat all skin types of any colour. It is virtually pain free with a special system that cools the skin on contact. This makes the treatment more comfortable and clients can relax during the treatment. We recommend that you are not actively tanning. You should stop waxing and plucking 4 weeks prior to your treatment.

Pay for 5 treatments and get the 6th treatment FREE

(if on any medication this will need approval before appointment scheduling)

Consultation / Patch Test (Redeemable against first Treatment or Course)£50

Face

1 treatment

Upper Lip	30mins	£60	£300
Upper Lip & Chin	30mins	£100	£500
Chin	30mins	£90	£450
Sideburns	30mins	£60	£300
Hairline	30mins	£60	£300
Forehead	30mins	£90	£450
Cheeks	30mins	£90	£450
Ears (outer)	30mins	£60	£300
Full Face	1hr	£220	£1100

Bikini

Standard	45mins	£100	£500
High Bikini	1hr	£130	£650
Brazilian	1hr	£145	£725
Full Clearance	1hr	£165	£825

Legs

Legs Full	1hr 45mins	£295	£1475
Legs Full & Feet	1hr 45mins	£325	£1625
3/4 Legs	1hr 45mins	£260	£1300
Legs Lower & Knees	1hr 15mins	£220	£1100
Legs Lower & Feet	1hr	£220	£1100
Legs Upper & Knees	1hr 15mins	£240	£1200
Knees	30mins	£80	£400

Arms/Underarms

Arms Full1hr	£180	£900
Arms Full & hands1hr 15mins	£210	£1050
Arms lower45mins	£90	£450
Arms lower & hands1hr	£110	£550
Arms upper & hands1hr	£130	£650
Underarms30mins	£80	£400

Back/Neck

Back full1hr 15mins	£255	£1275
Back lower1hr	£140	£700
Back upper1hr	£140	£700
Shoulders45mins	£85	£425
Neck front/back45mins	£85	£425

Chest/Abdomen

Chest1hr	£155	£775
Abdomen1hr	£130	£650
Chest & Abdomen1hr 30mins	£255	£1275
Stomach Line30mins	£65	£325
Cleavage30mins	£70	£350
Nipples30mins	£50	£250
Cleavage & Nipples40mins	£100	£500

Hands/Feet

Hands & knuckles30mins	£65	£325
Feet & toes30mins	£65	£325

Prices for other areas on application.

N.B Clients are advised that the area to be treated must be shaved beforehand. An additional charge of £20.00 and extra time of 15 minutes will be added if not done so.

All times are approximate and actual treatment time may vary.

MEN'S GROOMING

Facial Threading/Waxing for Men

Eyebrow Tidy	15mins	£25
Between Eyebrows	5mins	£15
Cheeks	15mins	£20
Sides	15mins	£20
Ears	15mins	£15

Body Waxing for Men

Back	£50
Abdomen	£35
Chest	£35
Abdomen and Chest	£55
Back and Shoulders	£55
½ Arm	£35
Underarm	£35
Full Arm	£50
Hands	£30
Ear Lobes	£30
Nasal Hair	£30

Men's Deep Cleansing Facial

A perfect treatment for those who suffer from ingrowing hairs and blocked pores. Skin is cleansed and exfoliated, removing ingrowing hairs, blocked pores and spots. Finished with high frequency to close the pores. The end result is polished, flawless, even looking skin.

55mins	£120
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Men's Soothing Facial

Great for those who have sensitive skins and suffer from shaving bumps and skin irritation. Using Vaishaly's chemical and perfume free skin range of products, this treatment will leave your skin calm, soothed and refreshed.

55mins	£130
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Vaishaly Signature Face/Back Treatment

Your treatment will start on the back, with a deep cleanse, using hot towels, exfoliation and extraction, followed by a relaxing back massage to soothe away aches and pains. The face is then cleansed and exfoliated and pores are cleaned, with a final application of a mask.

The treatment is then finished with a heavenly scalp massage clearing the mind, improving concentration, and bringing about calm and peace to the mind and body.

1hr 25mins £175

Massage for Men

Men's massages are carried out from the waist upwards only.

Men's Deep Tissue Massage

A rejuvenating massage designed to release tension and knots. This brings about more flexibility and fluidity of movement and has an uplifting effect on both mind and body.

25mins £75

50mins £105

Men's Relaxation Massage

Choose from light to medium pressure, soothing away any aches and pains through the muscles, and feel your body and mind relax and drift away, letting go of all the stress. A truly memorable experience.

25mins £75

50mins £105

Men's Laser Hair Removal

Face

1 treatment 6 treatments

Full Face1hr £270 £1350

Half Face (upper or lower)30mins £130 £650

Forehead/Hairline30mins £110 £550

Neck (front or back)30mins £130 £650

Ears (outer)30mins £90 £450

Legs

Legs Full & Feet1hr 45mins £345 £1725

Half Leg & Knees or Feet1hr 45mins £220 £1100

Feet & Toes45mins £75 £375

Arms/Underarms

Arms Full	1hr	£260	£1300
Half Arm	45mins	£160	£800
Hands	30mins	£110	£550
Underarms	30mins	£90	£500

Back/Chest/Shoulders

Back Full	1hr 15mins	£275	£1325
Back & Shoulders	1hr 45mins	£325	£1575
Back lower	1hr	£170	£800
Back upper	1hr	£170	£800
Shoulders	45mins	£190	£900
Chest	1hr	£150	£725
Abdomen	1hr	£160	£750
Chest + Abs	1hr 30mins	£295	£1425

Vaishaly's Anti-Ageing Skin Perfecting Treatments For Men

Broken Capillaries, Rosacea, Age Spots

This treatment is non-surgical, quick and an effective way of treating vascular irregularities to improve clients skin colour with Advance Fluorescence Technology (AFT), which is the next generation of Intense Pulse Light (IPL), with less discomfort and minimal skin damage.

Vaishaly Aesthetician

Consultation (redeemable against treatment)	£100	£50
Nose/Cheek	£130	£210
Full Face	£220	£210
Small Area	£130	£210

Pigmentation And Skin Rejuvenation For Men

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Full Face	£230	£210
Hands	£230	£210
Décolleté	£230	£210
Half Arm	£230	£210
Full Arm	£330	£310
Small Area	£130	£110

Acne

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Full Face	£230	£210
Chest	£230	£210
Back	£230	£210
Shoulders	£230	£210
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Men's Collagen Treatment - Wrinkles, Lines, Skin Texture, Tone, Dark Circles

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Consultation (redeemable against treatment)	£100	£50
Full Face	£230	£210
Eyes	£230	£210
Around the Mouth	£230	£210

Skin Tightening For Men

The Soprano NIR penetrates and heals your skin's inner layer without harming its surface. The light tightens, as well as tones and textures your skin. The results: improved overall skin appearance without injury.

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Full Face	£230	£210

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VAISHALY'S PHILOSOPHY

Less is More

“I believe passionately in treating the skin as gently and naturally as possible, and the products in my skincare ritual – which are the same as those which I use in my treatments – reflect this philosophy. Certain ingredients have been avoided, in order to allow the skin to ‘breathe’ and to reduce the risk of any irritation or reaction in more sensitive complexions.”

About Our Therapists

Superfacialist Vaishaly has been an expert in her field for over 20 years and has carefully hand-picked just a handful of therapists to perform the Vaishaly Signature treatments. With over 10 years’ experience each in world class luxury spas across the globe their care and expertise are second to none. Vaishaly and her team work very closely and extensively together to ensure your Vaishaly experience is unique and perfectly devised to suit you.